

Tip of the week! 16 juni 2020

This weeks tip is about practicing while traveling

Many of my students have jobs, hobby's, families, dogs, cats etc and don't have much time to do their singing exercises. This week I will give some exercises you can do while being on the road. Spread the word and in a few years everyone is practicing while traveling all over the world! ;)

Write down the rhythm of the song in your own way, no theory needed as long as you can read what it says. Hint: start with the first beat of every measure, underline the word or part of a word that's on the first beat. No words on the first beat but on the afterbeat or second beat? Underline that particular word. It may be useful to clap on every beat while you say the words.

Train yourself in hearing every instrument separately. Listen for example to the drum groove, when does the bass guitar come in? Do you hear any backing vocals? etc

Listen carefully to the lyrics and write them down, make a translation and write down the overall feeling of the song. How does it make you feel? Bringing back any memories? Do you feel tense or relaxed? Does it make you happy or sad?

Read the songtext and try to create images in your head. What do you see while reading the text? Can you imagine what it would be like?

And last but not least, some of the previous breath support exercises you can do without making any noise. Like :
Breathe in for 4 seconds, hold your breath for 4 seconds and breathe out for 4 seconds.

Make sure your throat feels relaxed, do not constrict while holding your breath.

Make sure your throat stays open and relaxed

Have fun while you're on the road!