Tip of the week! 6th of April 2020

Ever since the first season of Idols people of all ages want to sing on national television. Here are my tips on how to control your nerves.

This weeks Tip is about Auditioning!

First of all singing is great! When I sing I feel my muscles relax, It sets free my emotions, I let them control me instead of me trying to control them. A song sounds different everytime you sing it, because of the way you feel, the condition of your voice, the effort you put in it etcetera. This is a beautiful thing because it makes you who you are and you LOVE to sing right?

Of course when you audition you wanna be the Best Version of You. You will be anxious, especially when you've been waiting for hours and suddenly it's your turn (while you were actually thinking bout going to the toilets for the 30st time!) and when the cameras are on and everybody's watching it's even worse.

Be prepared!

Do some background search, make sure you name the right title, singer or band and composer of the song you're going to sing. Know your song lyrics and what they are about, the general feeling of the song, and the right pronunciation. The general feeling or atmosphere of the song is really important if you wanna impress and connect with the members of the jury. You want them to remember you so you better make them cry;)

Be in time, make sure you're not feeling hungry or lightheaded, or need to use the bathroom and make sure you're feeling comfortable in the clothes you're wearing.

Take some time to think about your appearance, try to be short but fully in presenting yourself.

If you want to show the judges you are a wonderful person you will need more than just the 2 minutes you get. So forget about that. Just be you but don't expect them to see the real you. Wear something nice. Don't be insecure about your clothing if you get through to the shows you will probably get dressed anyway;)

Know the tempo and key of the song and if needed use a tuning fork a keybord-app on your mobile phone

On the Spot!

Show them your love for music! You go through hell auditioning so you must Love music right?! Show them but do not overreact.

The best ways to get passed your nerves:

"Picture them naked" a famous tip for public speakers or singers, but this might be just a little too distracting! Here's one I found on the internet " Visualize yourself delivering your speech calmly and confidently. And as for what to do with your audience? Look at them as people interested in hearing what you have to say and strive to make a connection with them.

Pick one or two jury member(s) who seems genuinely interested and focus on them.

Visualize your song is going exactly as you want it to go. And strive to make a connection with your audience by paying attention to them. Remember, delivering a song is not about you -- it's about your audience and giving them what they want during your public speaking presentations.

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Finally, I asked Deke Sharon, American singer, arranger, composer, director, producer and teacher of a cappella music to give me the Golden Tip to tell you guys. We met during my audition for the Dutch Sing Off competition and worked together during the rehearsals and shows. This is what he wrote back, and I quote:

"you're going to be worried, you're going to want to be perfect... but that's not what they're looking for. They're looking for passion, excitement, joy... something that viewers will want to watch. Turn off your brain and have fun, because nothing is more compelling than fun!"

Good luck, have FUN!